



June 20, 2016

Island Insight

This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Garrison Internet page under "Information" and on the installation website at www.usagria.army.mil under "News" and then "Local News."

Island Insight Submission:



www.usagria.army.mil/News/II.aspx

Sections:

- [Arsenal Traffic/Construction](#)
- [Building/Space Closures](#)
- [Active Duty/Reserve Zone](#)
- [Safety Spotlight](#)
- [Equal Employment Opportunity Focus](#)
- [Morale, Welfare & Recreation \(MWR\)](#)
- [MWR Leisure Travel Office](#)
- [Child, Youth & School Services](#)
- [Army Community \(ACS\)](#)
- [Employee Assistance Program](#)
- [Education/Training Review](#)
- [Defense Commissary Agency/PX](#)
- [Arsenal Archive](#)
- [Healthbeat](#)
- [Notes for Veterans](#)
- [Around the Q.C.](#)

First Army Soldiers Escort Veterans on Flightless Honor Flight

Soldiers from First Army served as guardians to veterans on a Flightless Honor Flight here on June 14. Honor Flights fly veterans to the nation's capital for a tour of United States war memorials. Those who are unable to make those trips are given the option of Flightless Honor Flights, which consists of tours of monuments near the veterans' hometowns. One of the stops on the latest Flightless Honor Flights in the Quad Cities was Rock Island National Cemetery. There, Lt. Col. Jennifer Cradier of First Army talked about her experiences as a guardian. "They pair up a military member with a veteran and we get the opportunity to talk with them throughout the day and for those that might need assistance, we're here to keep an eye on them," Cradier said. "I'm honored. All of these folks have served and really paved the way for what we're able to do today. I can't think of any placed I'd rather be." Sgt. 1st Class Travino Porter, also of First Army, said he likewise was enjoying the experience: ([More](#))



Upcoming Dates

June 20-24: DA Photos, Bldg. 90, Basement, Rm. B11, 7:20 a.m. – 3:40 p.m.

June 19: 4th Annual COL Davenport House Pioneer Days, COL Davenport House, 12-4 p.m.

June 19: Father's Day

June 19-25: Lightning Awareness Week

June 22: Paintless Dent Repair, Auto Craft Shop, 9 a.m. – 2 p.m.

June 23: Newcomer's Orientation and Bus Tour, Arsenal Island Clubhouse, 8 a.m.

June 23: Grief Support Grp, EAP, Bldg. 56, 1st Flr., Rm. 104, 12:30-1:30 p.m.

June 24-26: Operation Dry Water Weekend, waterways and lakes, nationwide

June 25: 3rd Annual Rock The Island Car Show, Rodman Avenue, 9 a.m. - 2 p.m.

June 27: National PTSD Awareness Day

June 27-July 5: Armed Forces Voters Week

June 28: Using the GI Bill: Some Factors to Consider, Bldg. 56, Room 116, 10-11 a.m.

June 28: Emotional Intelligence, EAP, Bldg. 56, 1st Flr., Rm. 104, 10:30 a.m. - 12:30 p.m.

June 28: Military Spouse Fun Night, ACS/USO, Bldg. 110, 6-9 p.m.

June 30: Grief Support Grp, EAP, Bldg. 56, 1st Flr., Rm. 104, 12:30-1:30 p.m.

July 7: Grief Support Grp, EAP, Bldg. 56, 1st Flr., Rm. 104, 12:30-1:30 p.m.

July 8: MVRBC Blood Drive, Lock & Dam Lounge, 10 a.m. – 2 p.m.

DoD Plans to Bring CAC Cards To An End

The Common Access Card has driven the Defense Department's cybersecurity posture for much of the past 15 years. But the end of the CAC card may be near. DoD Chief Information Officer Terry Halvorsen said June 14 that he plans to phase out the secure identity card over the next two years. "We will not eliminate public-key infrastructure. We will not eliminate high security. But frankly, CAC cards are not agile enough to do what we want," Halvorsen said at the FedForum 2016 sponsored by Brocade in Washington. "We may still use them to get into a building or something, but we will not use them on our information systems. We will use true multi-factor that actually does a couple of things for me — gets me more agile because there is an overhead for CAC cards, not just cost overhead, but a time overhead and in my business it's a location overhead. It's really hard to issue a CAC card when people are dropping mortar shells on you and you need to get into your systems. It just doesn't work well." ([More](#))



First Honor Flight for Vietnam Veterans Announced

Approximately one hundred veterans will experience the first ever Vietnam Veteran honor flight in September 2016. The event, hosted by Honor Flight of the Quad Cities, will celebrate these veterans by providing an experience for them to enjoy a dinner before they take off and spend their day touring war memorials and monuments in Washington D.C. While in Washington D.C., the veterans will take part in a special service near the Vietnam Veterans Memorial. "They will join together, they will be able to talk to each other and share experiences, share laughter, maybe even a few tears..."

said Steve Garrington, Hub Director of Honor Flights of the Quad Cities. The flight will depart from the Quad City International Airport on September 15, 2016. The veterans will spend the day in Washington D.C. and return that same night. ([More](#))



Pay, Housing, Healthcare, Retirement: Congress Faces Thorny Military Decisions

Washington lawmakers will spend the next few months merging the separate House and Senate drafts of the annual defense authorization bill, including a host of thorny issues that could impact military personnel and their families for years to come. Among them are the size of next year's pay raise and long-term plans for housing stipends, issues that directly affect how much money service members will see in their bank accounts. And that's just the start. The two bills contain dozens of pay and bonus re-authorizations, and outlines the Defense Department's overall spending plans for fiscal 2017. The separate funding plans will likely be the biggest sticking point in negotiations. The House shifted \$18 billion in overseas operations money to base budget needs, a plan that senators and the White House have already rejected. ([More](#))



Disabled Veteran Leave and Other Miscellaneous Changes

The Office of Personnel Management is issuing proposed regulations to implement the Wounded Warriors Federal Leave Act of 2015, which establishes a new leave category, to be known as "disabled veteran leave," available during a 12-month period beginning on the first day of employment to be used by an employee who is a veteran with a service-connected disability rated at 30 percent or more for purposes of undergoing medical treatment for such disability. In addition, we are proposing to rescind two obsolete regulations. ([More](#))

Penn State World Campus Agreement Offers Federal Employees, their Spouses and Legal Dependents Reduced Tuition Rates to Pursue Post-Secondary Education

The U.S. Office of Personnel Management's (OPM) mission is to recruit, retain and honor a world-class workforce to serve the American people. OPM and Penn State World Campus have entered into an agreement as part of OPM's continued effort to close skills gaps, increase Federal employees' access to high-quality, affordable educational resources, and further develop and sustain the Federal workforce. The agreement provides a five percent tuition reduction on competitive Penn State World Campus tuition rates, with no program exclusions or out-of-state rates to Federal employees, their spouses and legal dependents. The benefit takes effect immediately. Penn State World Campus, which has been offering programs online since 1998, has a portfolio of more than 125 undergraduate and graduate degrees and certificates. The portfolio includes programs that address the Federal Government's mission-critical occupation skills in the areas of Cybersecurity, Acquisition, Human Resources, Auditing, Economics, and Science, Technology, Engineering and Mathematics (STEM). ([More](#))



Operation Dry Water Taking Place Nationwide June 24-26

Thousands of law enforcement officers across the United States will be on heightened alert for those violating boating under the influence laws during the annual Operation Dry Water weekend, **June 24-26**. Operation Dry Water is a nationally coordinated heightened awareness and enforcement campaign, focused on deterring boaters from boating under the influence of drugs or alcohol. Alcohol use is the leading contributing factor in recreational boater deaths, and a leading factor in recreational boating accidents. Law enforcement agencies from every U.S. state and territory are expected to participate in Operation Dry Water weekend, focusing their efforts on detecting impaired boaters and educating the public about the dangers of boating under the influence. ([More](#))



Blood Drives

The Mississippi Valley Regional Blood Center is hosting a blood drive in the room outside the Lock and Dam Lounge (in Bldg. 60), on **Friday, July 8 & 15, 10 a.m. – 2 p.m.** If you would like to donate at this blood drive, feel free to email SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at 563-359-5401, ext. 119. A **2nd shift** blood drive will be held in the Cafeteria (Bldg. 211) beginning at **6:30 p.m. on July 22**. To sign up for a blood drive held on either the 2nd or 3rd shift, donors should contact their shift supervisor. Army Sustainment Command Distribution Management Center: The ASC DMC is sponsoring a MVRBC blood drive on **Thursday, June 23, 12-4 p.m.**, via the MVRBC Donor Bus that will be parked at Bldg. 350. Contact Camille Richardson at camille.e.richardson.mil@mail.mil or call 309-782-0261 to sign up.



Donors who give blood at any of these drives will be entered into the blood center's summer drawing for a new Ford vehicle, and will also be entered into a monthly drawing for one of ten \$300 gas cards.



Charlie Corpuscle reminds us, "All previous malaria travel area restrictions still apply when donating blood. In addition, there is a 28-day deferral for those who return from areas in Mexico, the Caribbean or South America not included in the malaria restrictive areas. Please encourage donors to come in and give blood once the 28-day period has passed. Arsenal donors may always call the blood center at 563-359-5401 or email shoegerl@mvrbc.org if they have questions re: specific travel areas and deferrals which may be in place for those areas. Every donation is needed, especially in the summer months."



The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).

Armed Forces Voters Week

Armed Forces Voters Week takes place **Monday, June 27, through Tuesday, July 5**. Military and civilian voters are encouraged to register to vote or request an absentee ballot. The Rock Island Voting Assistance Office can help service members, dependents, federal employees, retirees and visitors with voter registration and voting options. Stop by the 3rd Floor of Bldg. 56, or call 309-782-8780, for all your voting needs, or see us at a number of displays throughout the garrison, including: the gym every morning 7-8:30 a.m. and popular lunch spots (Bldg. 60 and outdoor grilling) from 11 a.m. – 1 p.m. Service members and dependents can visit www.fvap.gov for further information on their voting rights, and to access online voter registration and absentee ballot forms. Illinois residents can register to vote online at <https://ova.elections.il.gov>, while Iowa residents can go to <https://sos.iowa.gov/elections/voterinformation>.



Fallen Soldiers Tribute

A student led initiative partnering with the [Fallen Soldiers Tribute](#) will take place **Tuesday, Aug. 2**, at American Legion Post #26, at 702 W. 35th Street, Davenport, beginning at 5 p.m. The event will feature members of the [Combat Veterans Motorcycle Association](#); flag bearing color guard lining both sides of 35th Street; Davenport All Star Student Marching Band playing the National Anthem; a police escort; mayoral proclamation declaring the first week of August as "Fallen Soldier Appreciation Week"; the Davenport Central High JROTC Squad; family friendly, activities for children; a rock concert; and a free hog roast and sides for fundraising. All donations and proceeds given to the CVMA for veteran assistance are tax deductible.

Tribute to Our Fallen

Since its inception in the summer of 2004, one year after the onset of Operation Iraqi Freedom, a small group, now known as the Mississippi Valley Patriots, has put together a special event to honor those brave souls who had made the ultimate sacrifice. Today Tribute to Our Fallen annual event, held at the Davenport Memorial Park, has grown exponentially. The first few years were dedicated solely to the military in Iraq, Afghanistan, the first responders and civilians lost on 9/11. Since 2008's event, veterans of all eras have been included in this very special remembrance. The event this year is **Friday, Aug. 19, through Sunday, Aug. 21**, and is free to the public. Tribute to Our Fallen is staffed around the clock from the opening ceremony, Friday, **Aug. 19**, at 7 p.m., to the closing ceremony, Sunday, **Aug.**



21, at 4 p.m. There are several events scheduled throughout the weekend. The key note speaker for Saturday's ceremony at 7 p.m. will be USMC Capt. Eric G. Kirsch, Citadel graduate, a veteran of both Operation Enduring Freedom and Operation Iraqi Freedom, he was to Naval Criminal Investigative Service, Washington DC Field Office's (DCWA) Foreign Counterintelligence "A" Squad and was responsible for multiple named Offensive Foreign Counterintelligence Operations; since his honorable discharge in 2012, Kirsch has served as an Offensive Counterintelligence Operations instructor at Joint Counterintelligence Training Academy; as a civilian special agent with NCIS; and as a civilian advisor to the American government and the Kurdish Regional Government in Iraqi Kurdistan. He is the founder and CEO of Torchlight USA. Please invite a friend. Volunteers are always welcome to join on Friday, **Aug. 19**, for setup. ([More](#))

Closure of the Records Holding Area, Bldg. 331

The Records Holding Area located in Bldg. 331 will close effective **Friday, Sept. 30**. All records that are stored in the facility must be moved or disposed of no later than **Thursday, Sept. 1**. It's the responsibility of each organization/command to relocate and provide space for their own records or dispose of records eligible for destruction. For more information contact [Joyce Rollins](#), Garrison Records Manager, 309-782-1245.

Save the Date — 9th Annual Cards for the Troops

Please join us **Tuesday, Sept. 27**, 6:30-9 p.m., at Heritage Hall, Bldg. 60, for the 9th Annual Cards for the Troops. Adults only (high school and older), please. Hand-made rubber stamp art cards are created by hundreds of volunteers under the guidance of local stamping artists for our deployed troops to mail home to loved ones. No stamping experience required. More than 46,000 cards have been sent through Cards for the Troops to our deployed military serving in Afghanistan, Iraq, Kuwait, Qatar, Jordan, Africa, and to those deployed aboard our aircraft carriers, the USS Harry S. Truman, the USS Carl Vinson and the USS John C. Stennis. Packagers are needed also. There is no charge for this event. Please bring one roll of Scotch double-sided tape to donate to Cards for the Troops for card- making. All other materials are supplied. Be sure to visit our, "Cards for the Troops, Rock Island Arsenal" Facebook page. Seating is limited... please RSVP to: mssipple1@gmail.com.

Free Tours of Locks and Dam 15

The U.S. Army Corps of Engineers Mississippi River Project announces they will be offering free tours of Locks and Dam 15 every Saturday and Sunday beginning Memorial Day Weekend through Labor Day Weekend. These tours will be offered at 10 a.m. and 2 p.m. and will each last one hour. Participants must wear shoes with enclosed toes and backs, tennis shoes are preferred. Purses, bags, cameras and pictures are not allowed on the tour but will be allowed in the Visitor Center before and after the tours. Walking is required. Pre-registration is also recommended as the group size is limited and tours sometimes fill fast. Tours will begin and end at the Mississippi River Visitor Center. To make a reservation please call the staff at the Mississippi River Visitor Center at 309-794-5338. ([More](#))



Clock Tower Disc Golf League

The Clock Tower Disc Golf League started out at the Rock Island District, USACE Clock Tower employees to play a friendly, casual round of disc golf once a week, April through September or October. The league welcomes any community member – federal employees or other Quad-City residents – to come out on a Thursday evening starting at 5:30 p.m. Disc golf is a sport that has seen consistent growth around the world over the



past few decades. In the immediate Quad Cities area there are 11 courses that are free to play. Advantages of disc golf include: almost anyone, any age can play; cost of two discs (a putter and a driver or a mid-range - all one needs to play) is \$20 or less; it's low impact; it's relaxing; there are no tee times. The Quad Cities disc golf community is a vibrant, thriving, and helpful community with Iron Lion Professional Disc Golf Supply shop in Davenport supplying players with disc golf gear as discs, bags, shirts, information, etc., as well as sponsors and hosts various tournaments. Discs are also sold at some Walgreens, Dicks Sporting Goods, and other locations near local courses or through the Internet. Interested persons can request further info, such as schedule and any special event info, by contacting Joe Nobiling at joe.nobiling@gmail.com or visit the Clock Tower Disc Golf League Facebook page at www.facebook.com/ClockTowerDiscGolf.

Arsenal Island Employee Local Discounts

The following discounts are exclusively available to Arsenal Island employees — AT&T Wireless:

As a service member of the U.S. Army you could be saving 15 percent on the monthly service charge of qualified wireless plans. Visit your local AT&T store at 4500 16th Street, (inside SouthPark Mall) Moline or 3120 E. 53rd street, Davenport, or to purchase online, visit att.com/wireless/USArmy If you visit a local AT&T store, please have proof of eligibility. Mention Discount Code: FAN2421660 **Sunset Lakes Resort:** Located near Hillsdale Illinois at I-88 Exit #6, we offer free campsites for those who currently serve and veterans; call 1-800-747-5253 for reservations. Complete details on both military weekends at www.sunsetlakesresort.com under our news section. **Infinity Salon & Spa:** Located at 220 W 3rd St. in Davenport, we offer 15 percent off services for military and the Arsenal Island workforce. We are a full service salon: hair, manicure, pedicures, massage, waxing, facials, for men, women, and children. Eligible personnel only need to show a military or work ID. **The Venue:** Located at 1405 5th Ave. in Moline, we would like to say thank you to all Rock Island Arsenal personnel – bring in your Arsenal ID/badge on Mondays and receive a 20 percent discount on food and soda (this excludes family feast special). **New Life Chiropractic Clinic:** All Arsenal Island military and civilian employees will receive a 10 percent discount off its services located at 2500 18th Street in Bettendorf. **Chocolate Manor:** All Arsenal Island military and civilian employees will receive a 10 percent discount off their total purchase on any of our award winning homemade chocolates at 110 E. 2nd St., Davenport, just show your ID. **Roosters Sports Bar and Grill:** All military and civilian's get 10 percent off their bill. Come head down for lunch at 2130 3rd Ave., Rock Island, new specials daily. **Peachwave Frozen Yogurt:** Peachwave, 3431 Devils Glen Rd., Bettendorf, offers a 10 percent discount every day to all military and veterans. *This information is included for general workforce interest and does not constitute endorsement of the businesses or products.*



Rock the Island Car Show — Impact to Parking, Installation

On **Saturday, June 25**, Rock Island Arsenal will host the "Rock the Island" Car show from 9 a.m. - 2 p.m. The car show will require closure of Rodman Avenue from East Street to Gillespie. The parking lots north of buildings 102, 104, 106, and 108, as well as 2nd and 3rd streets will also be closed for the duration of the show. Parking lot 3-O located west of the Auto Craft Shop will be

closed beginning **Friday, June 24**, for sweeping/cleaning and on **Saturday, June 25**, will be the location of the Sports Car Club of America Car Rally in conjunction with the car show.

Parking Lot Closures for Monitoring Wells

The Directorate of Public Works will be installing monitoring wells at two locations that will involve the temporary partial closure of parking lot 0J (north of buildings 60, 62, and 64) and temporary total closure of parking lot 1C (north of Bldg. 106). Parking Lot 1C will be closed starting **Monday, June 6**, and remain closed for three weeks until **Tuesday, June 28**, depending upon weather. Barricades will be placed around the work area at Lot 0J and at each end of Lot 1C.

Gillespie Street Repair Project

The Directorate of Public Works (DPW) plans to accomplish major repairs to the Gillespie Street corridor between Rodman Avenue and Blunt Road. This will impact traffic and on-street parking in the area during the construction. Work is currently planned to start during the FY16 construction season. There will also be some permanent changes resulting from the project. Major changes are as follows: • Replacement of the sidewalk along the west side of Gillespie Street with a wider shared-use path to be used by pedestrians and bicycles. • Conversion of diagonal on-street parking along the northern sections of Gillespie Street to parallel parking spaces resulting in a loss of about 40 parking spaces. • Conversion of Blunt Road along the river from Gillespie Street to East Street to a shared-use path predominantly for pedestrians and bicycles. Motorized vehicles will be restricted to emergency and service vehicles. As the project progresses, further announcements will be provided regarding construction related events.

Rock Island Viaduct Sidewalk Closed to Pedestrians

"Sidewalk Closed" signs have been erected at either end of the Rock Island Viaduct sidewalk. These signs were placed because of the tripping hazard that the condition of the sidewalk presents. Attached illustration indicates the suggested alternative route (STR276 American Discovery Trail and Pedestrian Bridge) during the closure.



Building/Space Closures



Work to Close Doors at Building 299

The Directorate of Public Works has a construction project to replace the fire water loop at Bldg. 299. This work entails trenching for the pipe line around the exterior of the building. This will result in some door closures of both passenger doors and overhead doors. During closures, signs will be posted both inside and outside the building with direction to the next nearest door. Beginning approximately **Monday, June 13 through Tuesday, July 12**, trenching on the southeast side of the building will affect door access. Only one overhead door will be closed at a time so freight deliveries will still be able to take place. Once work is complete on the southeast side, work should begin on the east side of the building beginning **Wednesday, July 13 through Wednesday, July 27**. Work on the east side of the building will take place in the graveled area and will not result in any door closures nor affect deliveries. Please keep in mind that these dates are approximate and can change due to weather or unexpected circumstances that may occur with the trenching. As the

project progresses, further announcements will be provided regarding closures and access on the north face of the building.



Army Chief Endorses Rolled Sleeves on ACUs, Launches Pilot at Fort Hood

You've asked for it, and the Army has heard you. Army Chief of Staff Gen. Mark Milley on Thursday announced during a trip to Fort Hood, Texas, that soldiers will be able to roll the sleeves on the Army Combat Uniform. But don't start rolling your sleeves just yet, Army officials said. Milley is calling for a 10-day pilot at Fort Hood with the intention of continuing it for the rest of the Army. Milley's announcement is so popular that soldiers at Fort Hood are already rolling their sleeves, Army officials said. "Feedback from soldiers resulted in us wanting to do a trial over the next 10 days to see the feasibility of updating [Army Regulation] 670-1 and incorporating these changes in the future to give commanders flexibility in wear based upon their unit's mission," said Lt. Col. Jerry Pionk, an Army spokesman. ([More](#))

Military Kids Camp 2016 for Youth Impacted by Military Service

Youth Ages 8-16... join us for a fun-filled week, **July 3-8**, of summer camp adventures at YMCA Camp Abe Lincoln, the Quad Cities premiere overnight camping facility for youth. Would you like to live in a cabin and enjoy traditional camp activities—swimming, hiking, horseback riding, campfires and much more? Then this camp is for you. This special Military Kids Camp is open to all youth and teens ages 8-16 whose parent, sibling or other close relative serves in any branch of the military — active duty, Guard or Reserves. Kids will also enjoy special activities just for military kids – hands-on workshops, Military Day hosted by the Illinois National Guard, Resiliency, and more. Questions call 563-381-3053. ([More](#))

Military Fatherhood Program

Military Dads, bring your kids for a night of golfing fun **Thursday, June 23**, 5:30 - 7:30 p.m., at Valley Falls Adventure Golf. Come experience all the fun that awaits at Valley Falls Miniature Golf Course. All expenses including Happy Joe's Pizza are covered so just bring yourself and the kids and get ready for fun. Please RSVP to jennifer.a.kerr10.civ@mail.mil or 309-782-3049. ([Flyer](#))

Military Spouse Fun Night

Join us **Tuesday, June 28**, 6 - 9 p.m., at the Army Community Service/USO (Bldg. 110), for a chance to meet other spouses in a fun and friendly atmosphere. Activities include craft nights, games, trivia, and other fun activities providing an opportunity to relax and have fun. For more information contact Jan Saito at Army Community Service at 309-782-4736/0829 or janice.n.saito.civ@mail.mil. ([Flyer](#))

Bix 7 Road Race Waives Entry Fee

The 2016 Bix 7 organization is again happy to be able to offer free entry, **July 30**, to all active duty military, Reserve and Guard. Again, there will also be a specific viewing area location designated for and honoring our veterans at Brady and Kirkwood. Complete the [printable entry form](#), enter

your military ID number where indicated and mail your entry to us. You must pick up your packet in person at the Bix 7 Expo and show your military ID. Last year we had an increase over the first year, we hope to be able to continue that momentum again in the third year of this appreciation. ([Entry Form](#))

Safety Spotlight

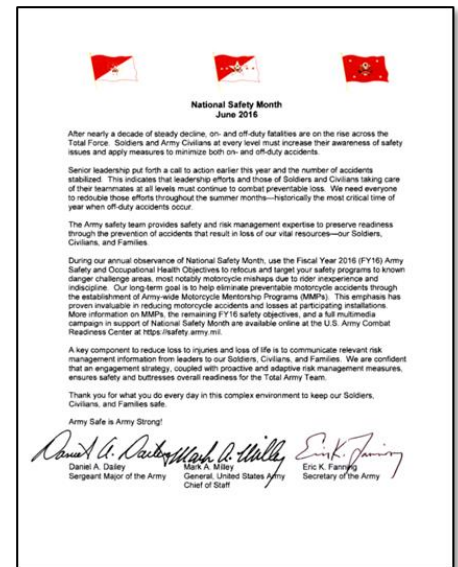


ARMY SAFE
IS ARMY STRONG



National Safety Month June 2016

After nearly a decade of steady decline, on- and off-duty fatalities are on the rise across the Total Force. Soldiers and Army Civilians at every level must increase their awareness of safety issues and apply measures to minimize both on- and off-duty accidents. Senior leadership put forth a call to action earlier this year and the number of accidents stabilized. This indicates that leadership efforts and those of Soldiers and Civilians taking care of their teammates at all levels must continue to combat preventable loss. We need everyone to redouble those efforts throughout the summer months-historically the most critical time of year when off-duty accidents occur. The Army safety team provides safety and risk management expertise to preserve readiness through the prevention of accidents that result in loss of our vital resources-our Soldiers, Civilians, and Families. During our annual observance of National Safety Month, use the Fiscal Year 2016 (FY16) Army Safety and Occupational Health Objectives to refocus and target your safety programs to known danger challenge areas, most notably motorcycle mishaps due to rider inexperience and indiscipline. Our long-term goal is to help eliminate preventable motorcycle accidents through the establishment of Army-wide Motorcycle Mentorship Programs (MMPs). This emphasis has proven invaluable in reducing motorcycle accidents and losses at participating installations. More information on MMPs, the remaining FY16 safety objectives, and a full multimedia campaign in support of National Safety Month are available online at the U.S. Army Combat Readiness Center at <https://safety.army.mil>. A key component to reduce loss to injuries and loss of life is to communicate relevant risk management information from leaders to our Soldiers, Civilians, and Families. We are confident that an engagement strategy, coupled with proactive and adaptive risk management measures, ensures safety and buttresses overall readiness for the Total Army Team. Thank you for what you do every day in this complex environment to keep our Soldiers, Civilians, and Families safe. Army Safe is Army Strong! ([More](#))

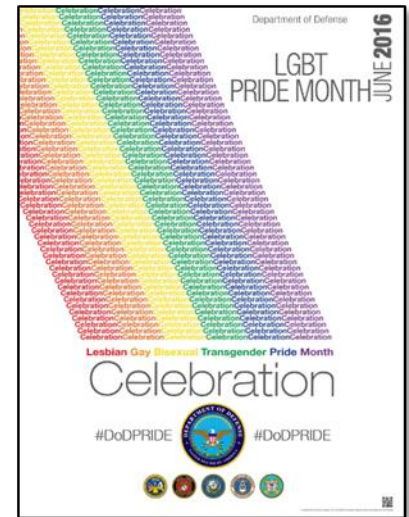


Equal Employment Opportunity Focus



Department of Defense 2016 Lesbian, Gay, Bisexual, and Transgender Pride Month Observance

The Department of Defense is pleased to announce the 2016 Lesbian, Gay, Bisexual, and Transgender (LGBT) Pride Month in June. During this time, the Department recognizes lesbian, gay, and bisexual service members, and lesbian, gay, bisexual, and transgender civilians for their dedicated service to both the DoD and our nation. In honoring the LGBT community this year, we acknowledge the importance of diversity within the Defense Department. Diversity and inclusion are readiness imperatives; we rely on our diverse backgrounds, perspectives, and expertise to enable us to address the complex challenges of the global security environment. The struggles, sacrifices, and successes among the LGBT community continue to shape the history of our nation and remind each of us to stand for tolerance, justice, and dignity. For the last four years, the DoD has honored the LGBT lasting ideals of dignity and worth. DoD components are encouraged to commemorate LGBT Pride Month and celebrate the accomplishments of those serving in uniform and civilians. Pride Month commemorates the events of June 1969 in New York known as the Stonewall riots, which are largely regarded as the beginning of the LGBT rights movement, and works to achieve equal justice and equal opportunity for LGBT Americans. The DoD has chosen "Celebration" as the theme for this year's observance. Diversity is one of our nation's greatest strengths. During LGBT Pride Month, we celebrate our rich diversity and renew our enduring commitment to equity. [#LGBT](#) [#Pride](#) [#DoDPride](#) ([StandTo!](#)) ([Secretary of the Army Eric Fanning's message on LGBT Pride Month](#))



President Proclaims June as LGBT Pride Month

Declaring that "no person should be judged by anything but the content of their character," President Barack Obama signed a proclamation designating June as Lesbian, Gay, Bisexual, and Transgender Pride Month. ¶ "There remains much work to do to extend the promise of our country to every American, but because of the acts of courage of the millions who came out and spoke out to demand justice and of those who quietly toiled and pushed for progress, our Nation has made great strides in recognizing what these brave individuals long knew to be true in their hearts -- that love is love and that no person should be judged by anything but the content of their character. During Lesbian, Gay, Bisexual, and Transgender Pride Month, as Americans wave their flags of pride high and march boldly forward in parades and demonstrations, let us celebrate how far we have come and reaffirm our steadfast belief in the equal dignity of all Americans." ([More](#))

Related resources: ([Army Diversity Office](#)) ([Office of Diversity Management and Equal Opportunity](#)) ([Defense Equal Opportunity Management Institute](#))

Morale, Welfare & Recreation



Morale, Welfare & Recreation (MWR)

Visit the MWR website at www.riamwr.com for information on all MWR programs.

MWR Text Alerts

Grab your mobile phone and text **EZZHV32984 4** to the number **313131** to join our text list and have all the latest and greatest MWR news delivered right to your phone. We'll keep you up to date with all the fun and exciting upcoming MWR events and programs as well as coupons and special offers available only to text alert subscribers. Message and data rates may apply and you can opt out at any time by replying "stop" to **313131**. Check out the flyer for a quick and easy QR code that you can scan with your smartphone to automatically generate the message for you. ([Flyer](#))



Lock & Dam Lounge Closes for Renovations

Effective April 2, the Lock & Dam Lounge closed for renovations until further notice.

Paintless Dent Repair Service Available

The always popular paintless dent repair technician will be available for repairs on **Wednesday, June 22**, 9 a.m. - 2 p.m., at the Auto Skills Shop. If you have small dings, dents and other imperfections in your vehicle it may be possible to have them fixed without the excessive costs of more traditional body work. Call 309-782-8631 for more information and to schedule an appointment. ([Flyer](#))

3rd Annual Rock The Island Car Show

Rock Island Arsenal's 3rd annual Rock The Island Car Show will be held on Rodman Avenue from 9 a.m. - 2 p.m. on **Saturday, June 25**. Late registration, from **Wednesday, June 1**, through the day of the event on **June 25**, is \$15/vehicle & t-shirts cannot be guaranteed.

This fun, family event is free to attend and open to the public so please share with all your automotive enthusiast friends. Other activities to enjoy during the show include a Sports Car Club of America Rally and a Pinewood Derby with participation open to everyone. To register or for more information, call 309-782-8631 or [register online here](#). ([Flyer](#))



Lunch Service at the Arsenal Island Clubhouse

Has it been a while since you've had lunch at the Golf Clubhouse? If so come back Tuesday - Friday, 11 a.m. - 1:30 p.m., and give it another try because we've got some exciting new options that are sure to fit your appetite and schedule. Try the daily soup, salad and sandwich buffet featuring a delicious house made soup du jour and fresh baked breads for just \$9/person. ([menu is available here](#)) ([daily buffet items here](#))

MWR Leisure Travel Office



Office Hours

Monday through Friday, 9 a.m. – 3 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. ([email](#)) ([website](#))

Menopause at Circa 21 in Rock Island

This hilarious musical parody staged to classic tunes from the '60s, '70s and '80s will have you cheering and dancing in the aisles. See what millions of women worldwide have been laughing about for 14 years. Set in a department store, four women with seemingly nothing in common but a black lace bra on sale, come to find they have more to share than ever imagined. The cast makes fun of their woeful hot flashes, forgetfulness, mood swings, wrinkles, night sweats and chocolate binges. A sisterhood is created between these diverse women as they realize that menopause is no longer The Silent Passage, but a stage in every woman's life that is perfectly normal. It's the hilarious celebration of women and the change. Leisure Travel has discounted seats on sale at \$46 until **Saturday, Aug. 6**. *NOTE: PG13 — This show contains adult language and content; not recommended for children.* ([More](#))

Event Date: **Saturday, Aug. 20**

Event Time: **5:45 p.m.**

2016 Adventureland Tickets

Leisure Travel has discounted one day admission tickets for the 2016 season to Adventureland Amusement & Water Park. Adult and Child \$33; at the gate adult is \$42, child is \$37.

Child, Youth & School Services



Army Transitions to Simplified DoD Request For Childcare Website

The Army is transitioning to a new single portal Department of Defense website designed to make it easier for Soldiers to find the childcare they need. In March 2016, select Army garrison families will begin to use www.MilitaryChildCare.com as their website to search for and request child care services where they are or where they are planning to move. "The vital function of this website is to simplify the child care search process, helping patrons make better informed decisions about their child care needs," said Theresa

Sanders, the Installation Management Command Child, Youth and School Services Outreach

Services Program Manager. "The DoD has worked hard to develop a system which allows patrons to create their own account, search and request care, manage requests and update their profile from the convenience of their home," she said. Using MilitaryChildCare.com, parents can find

comprehensive information on child care programs worldwide, conduct a customized search for the care they need, and submit a request for care at any time from any location, Sanders explained. Web



services were first tested in pilot programs throughout the military branches including U.S. Army Garrison Hawaii. Soldiers and Families at Aberdeen Proving Ground, Forts Belvoir, Campbell, Detrick (Forest Glen and Frederick), Drum, Knox, Lee and Meade, Watervliet Arsenal and Joint Base Myer-Henderson Hall will gain access to the site in March. Each garrison is working directly to notify the families affected and assist in the implementation of the DoD website rollout. ([More](#))

Army Community Service



ACS is located in Bldg. 110, 1st floor SE; [Visit our ACS website](#) or phone 309-782-0829. Call ahead for special accommodations when attending ACS classes. [Find us on Facebook click here](#). 24/7 Sexual Assault Hotline: **309-229-8412**.

Newcomer's Orientation and Bus Tour

Are you new to the Arsenal or do you have new employees or service members in your office? Make sure to get them/yourself signed up for our next Newcomer's Orientation and Tour on **Thursday, June 23**, 8 a.m., at the Arsenal Island Clubhouse. The briefings and info on the tour will include everything a new employee needs to know to successfully transition to the Rock Island Arsenal and the surrounding Quad Cities and make their new home feel like home. This free service includes breakfast & lunch courtesy of our sponsors, Rock Island Arsenal Federal Credit Union & USAA. Space is limited so call 309-782-0829 for more info and to reserve your spots. ([Flyer](#))

Employee Assistance Program



ASAP/EAP is located in Bldg. 56, 1st floor; visit our [ASAP/EAP website](#) or phone 309-782-4357 or 309-782-HELP. Office hours are from 7 a.m. - 4:30 p.m., Monday through Friday. After Hour Emergencies: 309-782-6116. Rock Island Arsenal Emergency Services will contact an EAP counselor who will call you back promptly. In addition, [a list of our classes & groups with dates, locations, and times, is located here](#). [Find us on Facebook click here](#).

101 Critical Days of Summer

Summer Holiday celebrations often include barbeques, picnics, water sports, vacationing with family and friends, and fireworks. However, many holiday week-ends can be filled with tragedy instead of celebration. The Fourth of July is one of the deadliest holidays of the year when it comes to alcohol-impaired driving crashes on our highways. According to data from the National Highway Traffic Safety Administration, during July 4th, holidays over the last five years (from 2010 to 2014), 780 people lost their lives in crashes involving drivers who had BACs of at least .08 g/dL. This summer, don't let your celebrations end in an arrest or tragedy. The consequences are serious and real. Not only do you risk injuring yourself or someone else, but the trauma and financial costs of a crash or an arrest for driving while impaired can be significant and not the way you want to celebrate your summer.

Grief Support Group

Have you been struggling with the recent loss of a loved one? The EAP welcomes you to attend confidential group sessions to share your feelings with others who are experiencing the same emotions and challenges to daily living. Participants will receive support and companionship from others while learning about the grieving process. Groups will be held each **Thursday** from 12:30-1:30 p.m. at the EAP in Bldg. 56, Room 104; to RSVP call 309-782-4357.

Emotional Intelligence

Emotional intelligence is the ability to understand and manage your own emotions, and those of the people around you. People with a high degree of emotional intelligence know what they're feeling, what their emotions mean, and how these emotions can affect other people. Emotional intelligence addresses five competencies; Self-Awareness, Self-Regulation, Self-Motivation, Empathy, and Effective Relationships. Upcoming class dates are **June 28, Sept. 27, and Dec. 20**; and will take place in our classroom in Bldg. 56, in Room 122. If you have any questions on the above class offerings, please contact 309-782- 4357. Register for classes on [TEDs](#) under "Current Classes."

Time Management

Do you feel like there is never enough time in a day to get everything done? Would you like to learn some tips to become more organized and free up some time for more fun? Learn how to prioritize tasks and manage your time more effectively. Upcoming class dates are **July 26, and Oct. 25**, at 10:30 a.m. in Bldg. 56, in Room 122. If you have any questions on the above class offerings, please contact 309-782- 4357. Register for classes on [TEDs](#) under "Current Classes."

Improving Workplace Relationships

Relationships in the workplace are very much like relationships in our personal lives. Therefore they require many of the same skills we use with those who are closest to us. Learning these skills makes sense because many of us spend more time with our co-workers than with our family members. Skills learned are based on research based concepts and address issues of communication, conflict, respect and trust. Upcoming class date is **Aug. 2**; and will take place in our classroom in Bldg. 56, in Room 122. If you have any questions on the above class offerings, please contact 309-782-4357. Register for classes on [TEDs](#) under "Current Classes."

The RIA Employee Assistance Program Presents: Real Colors

Want to enhance your communication skills? Real Colors offers you a peek into human personality. It will provide you with a better understanding of human behavior and help you recognize, accept and learn to value the difference in others. Real Colors has proven to be an effective tool to increase understanding, empathy and effective communication in the workplace. Location: Bldg. 56, Room 122, Sign up in [TEDs](#) (Search key word "Real Colors" or contact 309-782-4357 Additional date: **Nov. 8.**

Event Date: **Aug. 9**

Event Time: **8 a.m. - 12 p.m.**

Assertiveness Training

Learn strategies to communicate with effectiveness and enhance yourself personally and professionally. Upcoming class dates are **Aug. 23 and Nov. 29**; and will take place in our classroom in Bldg. 56, in Room 122. If you have any questions on the above class offerings, please contact 309-782- 4357. Register for classes on [TEDs](#) under "Current Classes."

Education/Training Review



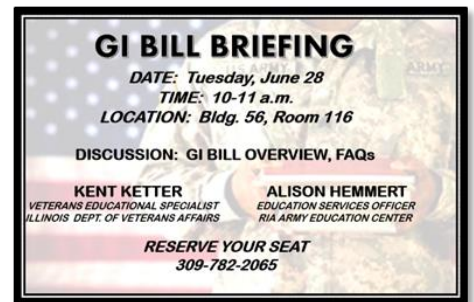
The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. [Please visit our website to learn more.](#)

Field Test DLPT - German and Hindi — Do You Speak German or Hindi?

The Army is seeking field test participants to complete the Defense Foreign Language German and Hindi (DLPT5) Starting **Tuesday, May 3**, through **COB Sunday, July 31**. Participants will be provided with a signed letter of appreciation from the Assistant Commandant of the Defense Language Institute Foreign Language Center. The listening and reading tests are both three hours. For your convenience, the test may be administered in one setting or schedule the test in two separate settings. Interested in taking the test? Please contact the Rock Island Education Center for more information or to be scheduled at 309-782-2065.

Using the GI Bill: Some Factors to Consider

Please join us for a GI Bill Briefing on **Tuesday, June 28**, 10-11 a.m., in Bldg. 56, Room 116. Kent Ketter, Veterans Educational Specialist - Illinois Dept. VA and Alison Hemmert, Education Service Officer - USAG RIA Army Education Center, will provide a GI Bill overview and address FAQs. Call 309-782-2065 to reserve a seat. As an eligible service member, veteran, or dependent planning to use the GI Bill, consider yourself a consumer about to make one of the most important decisions of your life. You owe it to yourself to thoroughly consider your educational and career goals, needs and options in order to utilize the GI Bill in the most timely and cost-effective manner possible. Some questions to consider: • What are my career goals and how do they relate to my educational needs? • How do I choose a school that is right for me? • Will my professional field respect a degree from the school I'm considering? • How well does my chosen school support Veterans and dependents? • In addition to the GI Bill, what are other ways to finance my education? • What are grants and loans? Remember, in the military you demonstrated commitment, discipline, and a desire to succeed. As a dependent you developed strong critical-thinking and decision-making skills. Leverage those same qualities when considering the school that best provides what you need and maximizes your investment. For more information and resources: www.benefits.va.gov/gibill/choosing_a_school.asp.



Defense Commissary Agency / Exchange



The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you. Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [here](#). For information on this and other Commissaries, visit: www.commissaries.com ([Facebook](#))

Commissary Changes Are Coming but Won't Hurt the Benefit, Official Says

Defense officials will make changes to the commissary system, but any change must meet two criteria: it must sustain the commissary benefit, and it must save money, said the official leading efforts to find taxpayer savings in the department's resale operations. "If it isn't going to make it better, or at least keep it as good, and cost less, then I'm pretty certain I don't need to consider doing it," said David Tillotson III, DoD's assistant deputy chief management officer. Tillotson spoke at a meeting of the American Logistics Association on June 15, an industry group of manufacturers and distributors who sell products in commissaries, exchanges and MWR facilities. Officials are relying on "business case analyses" in evaluating the changes. "Here's the bottom line. The department is committed to sustaining that benefit. There is no question about that. I've talked to the deputy secretary of defense. I have no latitude to negotiate any other position. It's that straightforward," he said. ([More](#))

Arsenal Archive



Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sundays and Mondays, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))

Rock Island Arsenal Museum Resumes Saturday Hours

Effective June 1, the Rock Island Arsenal Museum resumed open hours on Saturday. Museum hours are now Noon to 4 p.m., Tuesday through Saturday. Until recently the Museum was closed on Saturdays. Staffing changes allow the additional hours.

This Week in Rock Island Arsenal History – June 20-26

In June 1898, during the Spanish-American War, 85 men and boys cleaned and repaired 500 rifles a day in Shop D (Bldg. 62). In June 1942, Maj. Gen. L. H. Campbell, a former officer in charge of manufacturing at the RIA (1931-1935), was appointed the Army's Chief of Ordnance. U.S. regulars and state volunteer troops, including the local Rock River Rangers, engaged in a supposedly surprise attack on Black Hawk's village on the Rock River on June 21, 1831. However, Black Hawk

and his followers had fled, so they torched the village. In June 1873, construction of Shop C (Bldg. 104) was completed. In June 1942, the first water-cooled machine gun .30 cal., M1917A1 of new manufacture was delivered to Storehouse W1. On June 25, 1911, Col. George W. Burr assumed command of the RIA. He relinquished his command on Feb. 15, 1918. On June 26, 1882, stone construction on Shop E (Bldg. 106) began. At the end of June 1876, RIA workers had completed a mission of cleaning, repairing, and packing 3,700 rifles at a cost of \$4,140.16. Of this sum \$427.32 was for tools and fixtures, making the cost per rifle about \$1.12. In June 1903, the RIA Commanding Officer was directed to expedite final preparations of Armory Row at RIA and to manufacture Springfield 1903 rifles at a rate of 125 daily. Construction of Shop K (Bldg. 68) was completed by the close of June 1882.



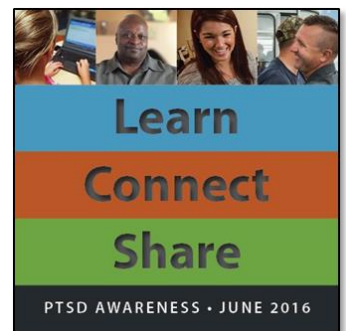
Healthbeat

Rock Island Arsenal Health Clinic and Pharmacy Closure

The Rock Island Arsenal Health Clinic and Pharmacy will be closed after 12 p.m. on **Friday, June 24**, for training.

National PTSD Awareness Day

In order to bring greater awareness to the issue of posttraumatic stress disorder (PTSD), the United States Senate designated **June 27** as National PTSD Awareness Day. In addition, June has been designated as PTSD Awareness Month by the National Center for PTSD. PTSD is a mental health problem that can occur after someone has been exposed to a single traumatic event or multiple traumatic events, such as sexual or physical assault, natural or man-made disaster, and war-related combat stress. Symptoms of PTSD include persistent intrusive thoughts and distressing dreams about the traumatic event, triggered emotional responses to reminders of the trauma, efforts to avoid thinking or talking about the trauma, and persistent hypervigilance for cues that indicate additional danger or trauma re-occurring. The mission of the National Child Traumatic Stress Network is to raise awareness about child traumatic stress. The NCTSN joins this effort to raise awareness about PTSD. We offer the following resources to help educate individuals, families, professionals, policy makers, and communities about the significant impact that PTSD has on men, women, and children. Effective psychological interventions and drug treatments are available to assist those who suffer with PTSD to heal from their traumas and to lead healthy, productive lives. ([More](#))



A Unique Collaboration Launches Walk with a Doc Program in the Quad Cities

Walk with a Doc, a health program that brings doctors and patients together outside of the clinic, now has a new twist. A physician and a group of veterinarians have come together to form a local chapter of Walk with a Doc - one that encourages people and their pets to get healthy. Typically, WWAD is a human-oriented event, but in an effort to further enhance the lives of the community, they are bringing together the first ever WWAD physician/veterinarian collaboration. Pets hold a special place in their owner's lives, and they often suffer from the same health conditions that people do. By joining together, they seek to improve the health of the Quad



Cities citizens and their companion animals. The next event will be held **Sunday, June 26**, at 4 p.m. at the Eastern Avenue Park in Davenport. Walkers are invited, and while dogs are not required, they are welcomed. Walks will be held on a regular basis, so grab your shoes and a leash, and be ready for future Walks, too. Walk with a Doc is a national non-profit organization whose mission is to encourage healthy physical activity in people of all ages and reverse the consequences of a sedentary lifestyle in order to improve the health and well-being of the country. ([More](#))

Zika Virus

Zika is a mosquito-borne virus closely related to yellow fever, dengue, and West Nile viruses. The U.S. Army is taking the Zika virus very seriously and assisting the Centers for Disease Control and Prevention in any way possible. Information on the virus is changing almost daily and getting the most up-to-date information is important. The information below is to help individuals and health care providers with decisions on travel and risks in their area. Women who are pregnant or could be pregnant need to discuss their risk with their health care provider. Discovered in Uganda in 1947, the current outbreak of Zika virus in Brazil began in early 2015 and has spread to more than 20 other countries in the Americas, including Mexico and Puerto Rico. Although only 20 percent of people infected will have symptoms, the virus has been associated with an increased risk of Guillain-Barr Syndrome, a neurological disorder, and microcephaly, a birth defect characterized by smaller than normal head size. As a result, the U.S. Centers for Disease Control and Prevention has issued a level 2 travel alert, Practice Enhanced Precautions, for areas where Zika virus transmission is ongoing, recommending that all pregnant women postpone travel to these areas. The World Health Organization advised that the recent cluster of microcephaly cases and other neurologic disorders reported in Brazil constitutes a public health emergency of international concern. Army Medicine is tracking this outbreak to assess the risks to the Soldiers and their Families. All Army medical facilities have been notified of the concerns surrounding Zika infections and are prepared to assist patients who may have been infected. Army Medicine supports the following guidance to avoid exposures and prevent illnesses:



- The [Armed Forces Pest Management Board](#) emphasizes the importance of proper wear of permethrin-treated uniforms and use of approved insect repellent, and removal of any standing water that may serve as mosquito breeding sites.
- The United States Department of Defense labs are developing techniques to test mosquitoes for Zika.
- The United States Southern Command is advising pregnant DoD personnel and dependents within their area of operations, or scheduled for official travel to the AOR, to consult their health care provider on the risk of Zika virus. SOUTHCOM is also offering voluntary relocation to all pregnant DoD employees and beneficiaries.

The DoD will assist other government agencies in developing a vaccine against Zika, new vector control agents, and improved diagnostic tests. Army Medicine will continue to educate all personnel and beneficiaries about Zika virus and provide updates as they arise. With ongoing operations around the world, the Army continues to strive to protect the health and readiness of total force and their families. ([Army Public Health Center Zika Virus Site](#)) ([StandTo!](#)) ([Fact Sheet](#)) ([Zika Virus - What is it? What can you do?](#)) ([Zika Virus – Health.mil](#)) (['Dump, Cover' Key to Preventing Mosquito Bites, Infections](#)) ([Taking a Proactive Stance Against Zika](#))

National Men's Health Month

The month of June is designated as National Men's Health Month. The purpose of this campaign is to heighten awareness of preventable health problems and encourage early detection and treatment of disease among men. If you are like many men, you may drink alcohol occasionally. Or, like others, you may drink moderate amounts of alcohol on a regular basis. But did you know that drinking more than the moderate levels -even occasionally- may put you at risk for serious health problems? Although alcohol affects everyone differently, excessive drinking can negatively affect a man's health regardless of age, race, marital status, income level, profession, or lifestyle. Common medical problems that can be caused by excessive drinking include heart disease, arthritis, liver cirrhosis, high blood pressure and various cancers. Many health conditions can be prevented or detected early if you get an annual check-up. This month, make prevention a priority. ([More](#)) [#MensHealthMonth](#)



Rock Island Arsenal Pharmacy Closure

The Rock Island Arsenal Pharmacy will be closed after 12:30 p.m. on **Thursday, July 21**, for training.

Notes for Veterans



Nearly 400 Aspen Dental Branded Practices Offer Free Dental Care to Veterans on June 25

Veterans across the nation will receive free dental care at nearly 400 participating Aspen Dental practices on **Saturday, June 25**, as part of Aspen Dental's annual Healthy Mouth Movement Day of Service, when dentists and teams volunteer their time and talents for the day. Since the launch of the Healthy Mouth Movement in 2014, Aspen Dental practices have collectively donated more than \$4 million in free dental care and have served 7,300 patients. Of the 21 million+ veterans across the U.S. today, fewer than 10 million are enrolled for U.S. Department of Veterans Affairs (VA) health benefits, and more than 1.2 million lack health insurance altogether. The disparity is even more pronounced when it comes to dental care since veterans do not receive dental benefits through the VA unless they are classified as 100% disabled, have a service-connected dental condition, or have a service-oriented medical condition that is affected by their mouth. ([More](#))



VA Partners with KaBOOM! To Support Veteran Families

Sometimes play is the best medicine. The Department of Veterans Affairs (VA) is announcing a partnership with the national non-profit organization KaBOOM! to make play more accessible to children visiting VA Medical Centers and VA Fisher Houses. KaBOOM! is one of a number of partnerships formed under the MyVA initiative, the largest transformation in VA's history, which focuses squarely on the needs of Veterans through customer service and strong community partnerships. Under the agreement, KaBOOM! will provide their signature Imagination Playground™ and Rigamajigs to VA locations across the nation. These portable, scalable play systems create safe, fun-filled environments for children to play in. KaBOOM! will work with VA

to select sites across the country that have the greatest need for play spaces. VA medical centers and VA Fisher Houses, which are built by Fisher House Foundation to provide temporary accommodations for families of Veterans receiving treatment at a VA medical center or military hospital, have been identified as ideal locations for these play environments. “When Veterans are dealing with a serious illness or injury, it can be incredibly stressful for their families, especially those with young children,” said Secretary of Veterans Affairs Robert A. McDonald. “Our partnership with KaBOOM! will enable us to use the simple art of play to help keep the children and families of Veterans happy and healthy. These types of partnerships are a great way for the VA to provide support for families – an important component of taking care of Veterans.” ([More](#))

Around the Q.C.



C

- June 18-26:** [Quad Cities Museum Week](#) (QCCA Expo Center, Rock Island)
- June 24:** [Millstream VS Green Tree Tap Battle](#) (BREW in the Village, 1104 Jersey Ridge Rd, Davenport)
- June 24:** [Picnic on the River 2016](#) (American Red Cross, 1100 River Dr, Moline)
- June 24:** [American Red Cross' Picnic on the River 2016](#) (Schwiebert Riverfront Park, Rock Island)
- June 24:** [Mud, Sweat & Cheers Obstacle Challenge](#) (Credit Island Park, Davenport)
- June 24:** [Ultra BlackOut](#) (The Col Ballroom, 1012 W 4th St, Davenport)
- June 25:** [Royal Ball Run For Autism](#) (Hyvee, Milan)
- June 25:** [Building Forever Families' Adoption & Foster Care Awareness Walk 2016](#) (Vandaveer Park, Davenport)
- June 25-26:** [6th Annual BBQ & Craft Brew event](#) (Credit Island Park, Davenport)
- June 25-26:** [Quad City Air Show](#) (Davenport Municipal Airport)
- June 26:** [Blossoms at Butterworth](#) (Butterworth Center, Moline)
- June 26:** [Hemmings Motor News Great Race - San Rafael, Calif. to Moline, Ill.](#) (Moline)
- June 30:** [Special Olympics Night hosted by the River Bandits](#) (Modern Woodmen Park)
- July 1-2:** [31st Annual Mississippi Valley Blues Festival](#) (LeClaire Park, Davenport)
- July 1-4:** [Freedom Fest QC](#) (Hillcrest Event Center, 16260 E 350th St, Orion, Ill.)
- July 3:** [Red, White & Boom!](#) (Rock Island & Davenport)
- July 4:** [Firecracker Run & Parade](#) (East Moline)
- July 4:** [Bettendorf Old-Fashioned 4th of July](#) (Downtown Bettendorf)
- July 13:** [YouthFest](#) (Fejervary Park, 1800 W 12th St, Davenport)
- July 14-16:** [Walcott Truckers Jamboree](#) (I-80 Truckstop, Walcott, Iowa)
- July 15-17:** [Radish Magazine's 2016 Yoga Fest](#) (Holiday Inn, Rock Island)
- July 16:** [Rivers Edge Homebrew Festiv-ale](#) (The District Plaza, Rock Island)
- July 16:** [Insane Inflatable 5K Quad Cities](#) (Mississippi Valley Fairgrounds)
- July 19-23:** [Rock Island County Fair](#) (fairgrounds in East Moline)
- July 23:** [2016 Quad City Strength & Fitness Expo](#) (RiverCenter, Davenport)
- July 23:** [2nd Annual Lane Evans Memorial Motorcycle Ride](#) (Kavanaugh's Hilltop, 1228 30th St, Rock Island)
- July 29-30:** [Downtown Street Fest](#) (Downtown Davenport)
- July 30:** [Bix 7 Run/Walk](#) (Downtown Davenport)
- July 30:** [Zombie Prom Quad Cities 2016](#) (Skellington Manor Event Center, 420 18th St, Rock Island)
- Aug. 2-7:** [Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds)
- Aug. 4:** [Freedom Run 5K](#) (733 15th Ave., East Moline)
- Aug. 4-7:** [Bix Beiderbecke Memorial Jazz Festival](#) (Quad-Cities Waterfront Convention Center, Bettendorf)
- Aug. 6:** [2nd Annual BBQ n' Blues Fest](#) (Rolling Smoke, 1228 30th St, Rock Island)
- Aug. 6:** [4th Annual Bags n' Brews Cornhole Tournament & Beer Tasting](#) (Lindsay Park, 2100 E River Dr, Davenport)
- Aug. 8-14:** [John Deere Classic PGA Tour](#) (TPC Deere Run, Silvis, Ill.)
- Aug. 9:** [Experience on a Towboat from Rock Island to St. Louis](#) (Quad City Botanical Center, Rock Island)
- Aug. 11-13:** [Tug Fest, LeClaire](#) (Iowa & Port Byron, Ill.)

Aug. 13: [Case Creek Obstacles 5K Mud Run](#) (Coal Valley, Ill.)
Aug. 13: [13th Annual Xstream Cleanup](#) (Greater Quad Cities)
Aug. 19-20: [Ya Maka My Weekend](#) (The District, Rock Island)
Aug. 20: [Quad City Symphony Riverfront Pops](#) (LeClaire Park, Davenport)
Aug. 20: [Floatzilla: Canoe & Kayak Floatilla](#) (Sunset Park, 1309 Mill St, Rock Island)
Aug. 26-27: [River Roots Live](#) (LeClaire Park, Davenport)
Aug. 27: [Vettes on the River](#) (LeClaire, Iowa)
Aug. 27: [Silvis Family Run](#) (Schadt Park, Silvis, Ill.)
Sept. 3-4: [Rock Island Grand Prix](#) (Downtown Rock Island)
Sept. 10: [¡VIVA! Quad Cities](#) (Isle of Capri Casino Parking Lot, Bettendorf)
Sept. 10: [QCA Heritage Tractor Parade & Show](#) (John Deere Pavilion, Moline)
Sept. 10: [Row the Miss Regatta](#) (Mississippi River at Moline)
Sept. 10-11: [Beaux Arts Fair](#) (Downtown Davenport)
Sept. 16-17: [Celtic Festival & Highland Games](#) (Centennial Park (Davenport)
Sept. 17: [River Action's 11th Annual Taming of the Slough](#) (Hampton, Ill.)
Sept. 17: [Brew Ha Ha](#) (LeClaire Park (Davenport)
Sept. 17: [2016 Walk to End Alzheimer's - Quad Cities](#) (iWireless Center)
Sept. 17: [4th Annual It's Glow Time 5K Throwback](#) (Bass Street Landing, Moline)
Sept. 17-18: [Riverssance Festival of Fine Arts](#) (Lindsay Park (Village of East Davenport)
Sept. 23-24: [Hot Air Balloon Festival](#) (Rock Island County Fairgrounds (East Moline)
Sept. 24: [Knox-Warren Walk to End Alzheimer's](#) (Lake Storey Park, Galesburg, Ill.)
Sept. 25: [Quad Cities Marathon](#) (Downtown Moline)
Oct. 1: [GiGi's Super Hero Run](#) (Bettendorf)
Oct. 2: [Nancy Kapheim Memorial Classic](#) (Rock Island)
Oct. 7-9: [Big Bore Enterprise Gun Show](#) (Mississippi Valley Fairgrounds)
Oct. 9: [Apple Fest](#) (Downtown LeClaire)
Oct. 22: [4th Annual QC Tweed Ride](#) (Freight House, Davenport)
Oct. 27: [Fright Night](#) (The District (Rock Island)
Oct. 29: [Lagomarcino's Cocoa Beano 5K Race](#) (Village of East Davenport)
Oct. 29-30: [Boo at the Zoo](#) (Niabi Zoo (Coal Valley (Ill.)
Oct. 29: [Witches Walk & Costume Parade](#) (Downtown LeClaire)
Nov. 12: [Black Hawk College 5k Hustle](#) (Black Hawk College (Moline)
Nov. 18-27: [Quad City Arts Festival of Trees](#) (RiverCenter (Davenport)
Nov. 19: [Festival of Trees Parade](#) (Downtown Davenport)
Nov. 19: [Lighting on the John Deere Commons](#) (Downtown Moline)
Nov. 19: [City of Davenport Garbage Gobble Creek Cleanup](#) (Davenport)
Nov. 24: [Scott County Family Y McCarthy Bush Turkey Trot](#) (Downtown YMCA (Davenport)

Island Insight



Col. Kenneth Tauke, Garrison Commander; Eric Cramer, Public Affairs Officer;

Mark Kane, Editor The Army publication, *Island Insight*, is an unofficial publication authorized under AR 360-1 to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal-Garrison Public Affairs Office. Contents of *Island Insight* are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army.

The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army.

The editorial content of *Island Insight* is the responsibility of the Rock Island Arsenal-Garrison Public Affairs Office. [Submission of announcements, articles, photos, letters, and graphic art of interest to the general readership is encouraged.](#)

All manuscripts are subject to editing and rewriting prior to publication.

Postal address: Garrison Public Affairs, 1 Rock Island Arsenal, ATTN: IMRI-PA, Rock Island, IL 61299-5000. For [submission of announcements to the Island Insight](#); usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil; Phone: 309-782-1121. [The Island Insight is available on-line.](#)

